

# Apple West

## Home Medical Supply

### Discussion & Medical Notes Requirements

*(Discuss and capture in patient notes)*

#### For the Physician

- Statement of permanence of condition with evidence
- Statement of continuous need for prescribed supplies
  - Statement of how long you have been providing care for your patient and what type of supplies they have been using during that time.
    - Using urology as an example: what type of catheters have they been using, for how long, why are they using those specific type of catheters, how many do they use per day/month?
    - Do they have a history of urinary tract infections (UTIs)?
  - Include diagnosis and how long they've had the diagnosis for all that is relevant for the medical supplies being received.
    - Example of urology diagnosis for catheter use:

Neuromuscular dysfunction of bladder, unspecified (N31.9)	Incomplete Bladder Emptying (R39.14)
Retention of Urine (R33.9)	Urge Incontinence (N39.41)
Unspecified urinary incontinence (R32)	Other Specified Retention of Urine (R33.8)
- If you suspect your patient of having a UTI, please order a urine culture to obtain a colony count and note what type of catheters the patient is using. Culture must contain a colony count.

#### For the Patient

- You must see your physician at least every twelve (12) months.
- If you believe you have a urinary tract infection (UTI), please see your physician, or go to your hospital to have a urinary culture. Make sure the physician or clinician makes a note of which type of catheter you are using when you got the UTI. The urinary culture must include a **colony count**.

#### Discussion points and Requirements for your Doctor Notes

- Discuss all conditions relevant to your medical supplies along with how long you have had the condition(s)
  - **How long have you been diagnosed** with a neurogenic bladder or any other type of urinary retention diagnosis? *Note: Paralysis is not a diagnosis for requiring catheter use.*
  - **What is causing your condition (diagnosis)** - neurogenic bladder or any other type of urinary retention? This could be because of a spinal cord injury or any other condition that might cause urinary retention.
  - **How long have you been using your specific type of catheter?** Types of catheters include: cath-n-bags (catheter kits), Coude (curved tip), straight catheters, external catheters (condom caths), or Foley catheters.

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- All the above should cover the permanent and continuous need for your medical supplies
- Discuss your bladder and bowel programs **every time** you visit your doctor.
  - Cover what medical supplies you use
  - How you use them
  - **How many catheters do they use** per day/per month? (Example: 7 per day, 200 per month)
  - **Why do you use the type of catheters you use?**
- **Do you have a history of frequent UTIs?**
- Current Closed System Catheter Users (catheter kits) (A4353)
  - **Why do you need to use catheter kits (cath-n-bags)** versus a straight or Coude catheter? (This is usually to prevent UTIs if you have a history of getting UTIs)
    - **What risk might you face if you do not use the clean catheterization technique** (a closed system catheter)?
  - Continue to get tested for UTIs if/when they occur; make sure colony counts are always obtained with your results. This is important.
  - Discuss continued need for closed system catheters and how long you have been using them.
  - If you are on immunosuppressive medication, have that noted in the records.
  - If you use an oral corticosteroid daily, have that noted in the records
- If you are using a Coude Catheter (A4352) – **curved tip**
  - Make sure physician notes contain the medical necessity for using Coudes. i.e. urinary tract stricture, enlarged prostate.
- New Catheter Users
  - **Must discuss clean catheterization technique.** Clean technique is using a standard straight catheters (A4351) with lubricant package or hydrophilic/water-based lubricant.
  - New Medicare Catheter Users are not eligible for a closed-system (catheter-n-bag) until:
    1. You have suffered through two (2) documented UTIs with colony counts greater than 10,000 within 12 months of each other (anytime in the past).
    2. You were using the clean catheterization technique when you got the UTIs.
    3. And you were experiencing at least one of the following during the UTI (*must be documented in physician notes*):
      - Fever,
      - Systemic leukocytosis,
      - Change in urinary urgency, frequency, or incontinence,
      - Appearance of new or increase in autonomic dysreflexia,
      - Physical signs of prostatitis, pididymitis, orchitis,
      - Increased muscle spasms, or
      - Pyuria.